



CAREER ACADEMY

A Senior –Secondary School

Affiliated to C.B.S.E, New Delhi

Bhadson Road Patiala

CURRICULUM 2025-2026

CLASS : VII

Name :

Roll no :

SUBJECT: ENGLISH

BOOKS: Longman Reading and Comprehension and Composition

BBC COMPACTA-7

NOVEL: MORE SHERLOCK HOLMES (BURLINGTON)

NOTEBOOKS/ REGISTERS: 2

MON TH	<p align="center">Reading Skills</p> <p align="center">(Literature, Novel, Poetry, Comprehension from long text)</p>	<p align="center">Grammar Skills</p> <p align="center">(Grammar topics as per timeline and integrated grammar)</p>	<p align="center">Writin g Skills</p> <p align="center">(Articles, Essay, Letters, Applicatio ns, Picture Compositi on, Data interpretati on, Media Analysis)</p>	<p align="center">Subject Enrichment</p> <hr/> <p align="center">Listening and Speaking Skills</p> <p align="center">(Listening Text, Speaking topics, Poetry Recitation)</p>	<p align="center">Intercon nected Skills</p> <p align="center">(Comprehendi ng text from, science, social science, general knowledge, newspaper, value education, life skills)</p>	<p align="center">Assessment</p> <p align="center">(Class Test, Monthly Test, Periodic Test I-II, Term I, Term II)</p> <p align="center">* In Class VI,VII,VIII</p> <p align="center">Term II will include whole year basic grammar topics</p>
April	<p align="center"><u>Bridge Course</u></p> <p align="center">Reading Passages from BBC and Different Non-Fiction Reading Texts like Articles, Essays, Biographies and Drama Excerpts</p>		<p align="center">Descriptiv e Paragraph on Mary Kom ch-7</p>	<p align="center">Extempore (Speak up)</p>	<p align="center">Role Play on</p> <p align="center">The Post Office ch- 15</p>	<p align="center">Creative Worksheet on the topics covered</p>

	The Fog	Determiners Adjectives	Notice Writing	Listening worksheet in BBC Vocabulary Building (synonyms, idioms and one word substitution from BBC)	Calendar Activity- Monologue from Shakespeare's Play Self Reading of Women in Sports ch- 8 followed by Practice Worksheet and Quiz.	
MAY	<u>Literature</u> A Strange Encounter My Lost Dollar	Tenses (Present) Conditionals	Diary Entry	Homophones Calendar Activity- News Anchoring	Narrate story of- A Strange Encounter My Lost Dollar	C.T-My Last Dollar, Conditionals P.T. 1 The Fog, A Strange Encounter, Tenses (Present) Diary Entry

Subject – Mathematics

Book – Mathematics text book (Pragyan)

Notebook/ Register - 1

TERM – I (APRIL – SEPTEMBER)

Month	NO. of Periods	TOPICS	Subject Enrichment Activities			ASSESSMENT (C.T, M.T, PERIODIC TEST, TERM – 1, TERM – 2)
			KNOWLEDGE APPLICATION	ANALYZING STRATEZIES	EXTENDED UNDERSTANDING	
April	27	Ch – 1: Integer Ch – 2: Fraction and Decimals	Worksheet- Bridge course Mixed bag questions from topics Unitary Method, Perimeter and Area, Fractions, Integers. Worksheet – 1 Worksheet – 2 (Quantity Relationship in terms of Fraction, decimal and Percentage)	Tables (2 to 20) • Concept of Number Line • Properties of integers	Lab Activity – How to put sign of integer using colors. Integer symbol Chart (Addition, Subtraction and Multiplication)	C.T - Fraction and Decimals M.T – Integer
MAY	27	Ch – 3: Data Handling Ch –5: Lines and Angles	Worksheet – Worksheet – 3 (Data Management and its uses) Worksheet – 4	Project – Use of math in computer(Bar Graphs ,Pie Charts, Line graphs)	Activity: - Collect information about any five major crops of Andhra Pradesh and Punjab .Represent the information in form of Bar Graph on a graph paper Showing the percentage of area used for sowing crops in that state.	Periodic Test I Integers Fractions and Decimal

SUBJECT: Science

BOOK: S.Chand

NOTEBOOKS/ REGISTERS: Single line Practical Notebook

TERM I (APRIL – SEPT)						
MONTH	NO. OF PERIODS	TOPICS	SUBJECT ENRICHMENT ACTIVITIES			ASSESSMENT
			KNOWLEDGE APPLICATION	ANALYZING STRATEGIES	EXTENDED UNDERSTANDING	
APRIL	21	Ch-1-Nutrition in Plants Ch-2- Nutrition in animals	Worksheet:- Modes of nutrition in plants Flowchart:- (i) Modes of nutrition in Animals (ii) Human digestive system	Project:- DIY Model of Human digestive system with its labeling	Lab activity:- (i) To study the role of sunlight during photosynthesis (ii) To study the effect of salivary amylase on starch . Diagrams:- (i) Plant cell & animal cell (ii) Types of teeth (iii) Different stages in the feeding and digestion in amoeba	Monthly Test:- Ch-1-Nutrition in Plants Class Test:- Ch-2- Nutrition in animals
MAY	21	Ch-3- Heat	Worksheet- Transfer of Heat Numericals- Based on Conversion of temperature	Research Paper- Research about some everyday situations where colour of the object plays an important role .	Lab activity- (i) To prove that we cannot rely on our sense of touch to decide whereas an object is hot or cold . (ii) To Measure the temperature of hot & cold water using laboratory thermometer. Diagram- Sea breeze and land breeze	Periodic Test I Ch-1- Nutrition in plants Ch-2 Nutrition in animals

Subject: Social Science
NOTEBOOKS/REGISTERS: One Single Line Practical
Term-I(April to Mid-September)

Books:PRACHI EXCELLENCE IN SOCIAL

Month	Topics	Subject Enrichment Activities	Assessment
April	<p>Civics: Ch-1: On Equality</p> <p>Geography: Ch:1 Environment</p> <p>History: Ch-1: Introduction: Tracing changes through a thousand years(Only Reading)</p>	<p>Civics: Flow Chart: Right to equality (stating the feature of each article falls under it)</p> <p>Geo: Poster making: World Environment Day (22 April)</p> <p>(Integrated with Art)</p>	<p>M.T: Written Quiz:</p> <p>Geo: Ch-1</p> <p>C.T: Civics: Ch-1</p>
May	<p>History: Ch-2: Kings and Kingdoms</p> <p>Civics: Ch-2: Role of the Government in Health</p> <p>Geography: Ch:2 Inside Our Earth</p>	<p>Map Skills: History: The Kannauj Triangle: Rashtrakutas, Palas, Gujara- Pratiharas</p> <p>Geo: Picture Study: Structure of Earth</p> <p>Diagram: Rock Cycle (Integrated with Art)</p>	<p>Periodic Test 1</p> <p>Civics:Ch-1:On Equality</p> <p>Geography: Ch-1: Environment</p> <p>History: Ch-2: Kings and Kingdoms</p>

SUBJECT: PUNJABI

ਪਾਠਪੁਸਤਕ: ਰਬਾਬਪੰਜਾਬੀਪਾਠ-ਪੁਸਤਕ

ਕਾਪੀ: ਇੱਕ ਡਬਲਲਾਇਨ

ਮਹੀਨਾ	ਪੜ੍ਹਨ ਕੈਸ਼ਲ ਕਿਰਿਆ	ਵਿਆਕਰਣ ਕੈਸ਼ਲ ਕਿਰਿਆ	ਲਿਖਣ ਕੈਸ਼ਲ ਕਿਰਿਆ	ਸਹਾਇਕ ਗਤੀਵਿਧੀਆਂ	ਸਹਿਵਿਸ਼ਾ ਸੰਬੰਧਿਤ ਕਿਰਿਆ	ਮੁਲਾਂਕਣ
ਬ੍ਰਿਜ ਕੋਰਸ (ਅਪ੍ਰੈਲ)	ਪਾਠ-13ਘੜੇ ਦਾ ਪਾਈ ਸ਼ਬਦ- ਅਰਥ, ਪ੍ਰਸ਼ਨ/ਉੱਤਰ, ਵਾਕ ਕਵਿਤਾ-14 ਬਾਰਾਂਮਾਂਹ (ਪੜ੍ਹਨ ਕਿਰਿਆ) ਅਣਡਿੱਠਾ ਪੈਰਾ, ਸਾਰ	ਗੁਰਮੁਖੀ ਲਿਪੀ, ਸ਼ਬਦ ਬੋਧ, ਵਿਸ਼ੇਸ਼ਣ	ਲੇਖ ਰਚਨਾਯ ਵਿਸਾਖੀ ਦਾ ਮੇਲਾ, ਲਾਇਬਰੇਰੀ ਦੇ ਲਾਭ, ਨਿੱਜੀ ਪੱਤਰਯ ਆਪਣੀ ਸਹੇਲੀ ਨੂੰ ਜਮਾਤ ਵਿੱਚੋਂ ਪਹਿਲੇ ਨੰਬਰ ਤੇ ਆਉਣ ਤੇ ਵਧਾਈ ਪੱਤਰ ਲਿਖੋ।	*ਘੜੇ ਤੋਂ ਇਲਾਵਾ ਮਿੱਟੀ ਤੋਂ ਤਿਆਰ ਹੋਣ ਵਾਲੇ ਹੋਰ ਬਰਤਨਾਂ ਦੇ ਨਾਂ ਲਿਖੋ ਤੇ ਤਸਵੀਰਾਂ ਲਗਾਓ	ਭੂਮੀ ਸੁਰੱਖਿਆ ਦਿਵਸ ਤੇ ਕੋਈ ਨਾਅਰਾ ਤਿਆਰ ਕਰੋ।	ਮਾਸਿਕ ਪ੍ਰੀਖਿਆ ਪਾਠ13 ਗੁਰਮੁਖੀ ਲਿਪੀ
ਮਈ	ਪਾਠ-12 ਲਿਫਾਫ਼ੇ ਸ਼ਬਦ-ਅਰਥ, ਪ੍ਰਸ਼ਨ/ਉੱਤਰ, ਵਾਕ ਕਵਿਤਾ-10 ਮਾਂ ਦਾ ਪਿਆਰ (ਪੜ੍ਹਨ ਕਿਰਿਆ) ਅਣਡਿੱਠਾ ਪੈਰਾ, ਸਾਰ	ਅਗੇਤਰ੍ਪਿਛੇਤਰ, ਸ਼ਬਦ ਰੁਪਾਂਤਰਣ(ਨਾਂਵ ਤੋਂ ਵਿਸ਼ੇਸ਼ਣ), ਸੰਬੰਧਕ	ਲੇਖ ਰਚਨਾ: ਮਜ਼ਦੂਰ ਦਿਵਸ, ਨਿੱਜੀ ਪੱਤਰ: ਤੁਹਾਡਾ ਭਰਾ ਪੜ੍ਹਾਈ ਵਿੱਚ ਦਿਲਚਸਪੀ ਨਹੀਂ ਲੈਂਦਾ। ਉਸਨੂੰ ਪੜ੍ਹਾਈ ਵੱਲ ਧਿਆਨ ਦੇਣ ਲਈ ਪ੍ਰੇਰਿਤ ਕਰੋ। ਪੈਰਾ ਰਚਨਾ: ਸਫ਼ਾਈ, ਅਨੁਸ਼ਾਸਨ	* ਪਲਾਸਟਿਕ ਤੇ ਹੋਣ ਵਾਲੇ ਨੁਕਸਾਨਾਂ ਦੇ ਬਾਰੇ ਜਾਣਕਾਰੀ ਇੱਕਠੀ ਕਰਕੇ ਲਿਖੋ।	ਪਲਾਸਟਿਕ ਦੀ ਵਰਤੋਂ ਰੋਕਣ ਲਈ ਇੱਕ ਪੋਸਟਰ ਤਿਆਰ ਕਰੋ ਅਤੇ ਮਾਂ ਦਿਵਸ ਤੇ ਆਪਣੇ ਮਾਤਾ ਜੀ ਲਈ ਘਰ ਦੇ ਫਾਲਤੂ ਸਮਾਨ ਤੋਂ ਇੱਕ ਤੋਹਫਾ ਤਿਆਰ ਕਰੋ।	ਆਵਰਤੀ ਪ੍ਰੀਖਿਆ: 1 ਪਾਠ- ਪਾਠ-13ਘੜੇ ਦਾ ਪਾਈ ਵਿਆਕਰਨ ਸ਼ਬਦ ਬੋਧ, ਵਿਸ਼ੇਸ਼ਣ, ਅਗੇਤਰ-ਪਿਛੇਤਰ, ਸੰਬੰਧਕ, ਨਿੱਜੀ ਪੱਤਰ।

विषय: हिंदी


पाठ्य-पुस्तक:-प्रत्यूष

सत्र-पहला (अप्रैल - सितंबर)

मास	अवधि	पठन कौशल	व्याकरण कौशल	लेखन कौशल	विषय संबंधित श्रवण और वाचन क्रिया	सह संबंधित कार्य	मूल्यांकन
अप्रैल	12	* पाठ- 3 उस बारिश का जादू (शब्दार्थ ,वाक्य बनाओ, प्रश्न-उत्तर) * पाठ- 2 मेरा मित्र - अनादि (पठन हेतु)	* वर्ण -विच्छेद, विशेषण	* अनुच्छेद : मेरी कलम , मेरी मित्र * चित्र-वर्णन	वर्षा मन भावन है सखी--- कविता की पंक्तियों का सस्वर वाचन	टॉलस्टॉय के पत्र द्वारा अनादि बाबू के जीवन परिवर्तन का वर्णन	* मासिक परीक्षा : पाठ - 3 , वर्ण-विच्छेद * कक्षा परीक्षा : विशेषण
मई-	12	* पाठ - 4 गोवा मुक्त(पठन हेतु) * पाठ - 5 बेजूबान (शब्दार्थ ,वाक्य बनाओ , प्रश्न-उत्तर)	* विराम चिन्ह मुहावरे	* अनौपचारिक पत्र :-माँ को माँ दिवस पर शुभकामना । * संवाद लेखन	गोवा से संबंधित परियोजना	बेजूबान जानवरों के सुधार कर रही संस्थायों की सूचि बनाओ	आवधिक परीक्षण - 1 :- * पाठ्य-पुस्तक : पाठ - 3 * व्याकरण : वर्ण -विच्छेद, विशेषण , * विराम चिन्ह, चित्र - वर्णन, विज्ञापन , अपठित गद्यांश, अनुच्छेद

SUBJECT: COMPUTER

BOOK:KIPS Cyber Tools (No. of periods=8 (Monthly in each class)

MONTH	THEORY	PRACTICAL
<u>April</u>	<p style="text-align: center;">Using Excel as a Database</p>  <ul style="list-style-type: none"> • Using a Form to Enter Data • Adding a Record Using a Form • Searching and deleting a Record • Sorting and Filtering Data • Using Advanced Filter • Using Data Validation • Adding Subtotal in Database • Analyzing Data with PivotTable 	<ul style="list-style-type: none"> • Data Entry using Form in MS Excel • Adding a Record Using a Form • Searching and deleting a Record • Sorting and Filtering Data • Using Advanced Filter • Using Data Validation • Adding Subtotal in Database • Analyzing Data with Pivot Table (nitro typ) • https://www.nitrotype.com/race
<u>May</u>	<p style="text-align: center;">Advance Features of Excel</p> <ul style="list-style-type: none"> • Components of a Chart • Commonly Used Chart Types • Creating a Chart • Chart Elements • Formatting a Chart • Combo Chart and Spark line • Using Goal Seek • Grouping Worksheets and Consolidating data. 	<ul style="list-style-type: none"> • How we add chart in Excel • Explain Types of Charts. • How we add formatting in our charts in Excel. • Goal Seek in Excel. How we consolidating our data in Excel. (nitro typ) • https://www.nitrotype.com/race

SUBJECT: ART AND CRAFT
CLASS VII Art 2025-26




Month	Topic	Activity
April	Basics of Art: Calligraphy in Punjabi on topics: Baisakh	Principals of Art: Balance, Contrast, Movement, Pattern and Unit. 1. World Health Day (7 th April) Make a Kite with craft paper.
May	Fundamental Arts: Kings and Kingdom Science Integration	Poster Making: National technology Day (11 th May) Poster Making on Anti-Tobacco Day (31 st May) Make Portrait Ghazni Mahmud Discuss the physics of color and how light creates colors. Create an abstract piece using all the elements of art.




SUBJECT: MUSIC
MUSIC CURRICULUM 2025-26

MONTH	INTRO MUSIC KNOWLEDGE	PRACTICAL WORK	ACTIVITY
APRIL	<ul style="list-style-type: none"> • Voice Traing • Voice Warm-Ups: Practice humming 	<ul style="list-style-type: none"> • Festival song • Congo Beats(!-5) • Shabad : On Harmonioum • English Song 	<ul style="list-style-type: none"> • Shabad • Festival song
May	<ul style="list-style-type: none"> • Difference Between Classical and Semi Classical Music. 	<ul style="list-style-type: none"> • Mothers Day Song • English Song • Define Music Term: Kann,Meend • Hindi Prayer On Harmonioum 	<ul style="list-style-type: none"> • Mother s Day Song • Hindi song • English song

Physical Education

Month	AIM	PLANNING	RESOURCE	PHOTOES
April	Warming up	Slow jogging, High knee Running	Whistle, cone.	
	Basketball	*Rebounding *Offensive Rebounding *Defensive Rebounding	Basketball	
	Table Tennis	To tell about introduction, rules and regulation of game.	Racket, Ball	

	<p>Volleyball</p>	<p>To tell the rules and terms of volleyball.</p>	<p>Volleyball</p>	
	<p>Cooling down</p>	<p>Head to toe stretching</p>		
	<p>Warming up</p>	<p>Running, jogging, Head to toe Stretching</p>	<p>Whistle,</p>	

<p>May</p>	<p>Badminton</p>	<p>To tell about rules and regulation of badminton,</p> <p>Tell about short Serve.</p>	<p>Racket and shuttle</p>	 
	<p>Basketball</p>	<p>To teach about passing, dribbling, rebound,</p>	<p>Basketball</p>	
	<p>Cooling down</p>	<p>Slow jogging, stretching,</p>	<p><u>whistle</u></p>	